

Before Intravenous Anesthesia Sedation

- You may not eat or drink ANYTHING after midnight the night before your scheduled surgery. This includes water, breath mints, chewing gum, etc.. Exception: You may take prescribed medication if instructed by your doctor with no more than one inch of water.
- Do NOT smoke for at least 24 hours prior to your appointment. We recommend not smoking starting 5 day preoperatively to decrease airway sensitivity and reactivity.
- Wear loose fitting and comfortable clothing to allow the staff to be able to place heart monitor patches.
- You must be accompanied by a responsible adult over the age of 18 to escort you home. They must stay in the waiting area during your surgery. They may not drop you off and pick you up later. In this case your surgery will be cancelled. We prefer that you travel home by car. You will be too sleepy from the anesthesia to safely ride the bus or train. A cab is not an option for your safety and the cabs liability.
- Leave all valuables and jewelry at home.
- Contact lenses should NOT be worn. If you wear dentures, partials, or any type of removable appliance, they must be removed prior to your surgery.
- Do NOT wear fingernail polish on the day of your surgery.
- If you have forgotten to tell us about any serious illness that you have had, please inform us. If you have a cold, flu, or symptoms of any other of illness, please inform us as soon as possible, as a change of appointment may be necessary.
- If you are under 18 years of age, you must be accompanied by a parent or legal guardian.
- Be sure to visit the restroom one half hour prior to your surgery.
- If you are unable to keep your appointment, please notify us as soon as possible. Arrangements will be made to re-schedule.

BEFORE YOUR SURGERY:

- The Doctor will explain the surgery and potential risks involved, as well as the medications you will be receiving and how they will make you feel. If you have any questions, be sure to ask the doctor. You will then be given a consent form to sign, giving permission to perform the surgery.

AFTER YOUR SURGERY:

- You will be escorted to the recovery room where the dental assistant will take care of you and answer any questions that you may have. The person that accompanied you will sit with you while you recover. When you are more awake and alert, the dental assistant will give you written and verbal post operative instructions. Any necessary prescriptions will also be given to you at the time. When you are fully awake, the dental assistant will discharge you from the recovery room. After leaving the clinic, you may not, under any circumstances, drive an automobile or operate any heavy machinery for 24 hours after surgery.

If you have any questions regarding any of this information, please call 847-433-6636.